

## “GETTING STRONGER” Half Day Workshop

**A resilience building game for young people (8 - 14 years) who are facing tough times  
&  
A relationship building tool for professionals supporting them**

**Date:** 1 November 2018

**Time:** 9:30am – 12:30pm

**Venue:** St. Margaret’s College (12 Winchester Street, Merivale, Christchurch)

**Cost:** • **\$130.00 for one person**

(includes 1 game, 1 set of topic cards, and handouts)

• **\$225.00 for two people** (from the same organisation)

(includes 1 game, 2 sets of topic cards, and handouts)



Skylight is offering a hands-on training session on ways to use this innovative game in a variety of settings. We will explore various interpersonal dynamics that may arise when the game is played, and ways to help young people through difficult, sensitive situations.

At the end of this workshop, participants will have played the game and developed facilitation skills that will assist children and young people to gain the most from Getting Stronger.

**Facilitator:** Gae Neill (LLB, ATCL)

Gae Neill is a passionate supporter of young people’s personal development and resilience through tough times. She has been a long-time member of Skylight’s Training Faculty, presenting workshops on change, loss, grief and resilience, and is a member of Skylight’s advisory board for the Travellers programme, which supports young people to navigate difficult life challenges.

A former specialist family lawyer, she also works extensively with Youthline Wellington, having set up their Community Ongoing Education Programme. She has run workshops for youth in mainstream and alternative education and provided support for school counsellors working with young people at the coal face. Gae has supervised Youthline’s Supervisor Team for many years now.



This workshop is aimed at professionals working with, or supporting, children, young people and their families/whānau; including guidance counsellors, school chaplains, child or youth workers, teachers and social workers.

**Registration is essential. Please send your name, school/organisation, and contact details to [pd@skylight.org](mailto:pd@skylight.org)**

## Getting Stronger Workshop Registration Form

<b>Attendee(s) Information</b>			
Full Name:			
Job Title:			
Email:			
Phone No:		Mobile:	
<b>Invoice to:</b> <i>(Registration confirmed once payment received)</i>			
Organisation:			
Email:			
Address/PO Box:			
City:		Postcode:	
Phone No:		Mobile:	

### Workshops – Registration essential

Please tick

1 Nov 2018	Getting Stronger Workshop <b>(1 person – includes 1 game + 1 set of topic cards)</b>	St. Margaret's College  Christchurch	9:30am – 12:30pm	\$130.00	
1 Nov 2018	Getting Stronger Workshop <b>(2 people – includes 1 game + 2 sets of topic cards)</b>	St. Margaret's College  Christchurch	9:30am – 12:30pm	\$225.00	

### Payment options: Tick box

Online banking: 06-0501-0788246-26 reference PD, date of workshop and your surname  
*e.g. PD 14 April Baxter*

Invoice

Purchase Order Number: .....

Tick the box if you would like to receive updates regarding Skylight's other professional development workshops

Email to [pd@skylight.org.nz](mailto:pd@skylight.org.nz) or post to: Skylight, PO Box 7309, Newtown, Wellington 6242

**Refunds will not be issued if cancellation is received less than 7 days prior to workshop.**