

## “Getting Stronger” Workshop

**A resilience building game for young people (8 – 14 years) who are facing tough times & a relationship building tool for professionals supporting them**

**Date:** Thursday, 24 January 2019

**Time:** 1:30pm – 4:30pm

**Venue:** The Redwood Hotel, Styx Room (340 Main N Rd, Christchurch)

**Cost:** • **\$130.00 for one person**

(includes 1 game, 1 set of topic cards, and handouts)

• **\$225.00 for two people (from the same organisation)**

(includes 1 game, 2 sets of topic cards, and handouts)



Skylight is offering a hands-on training session on ways to use this innovative game in a variety of settings. We will explore various interpersonal dynamics that may arise when the game is played, and ways to help young people through difficult, sensitive situations.

At the end of this workshop, participants will have played the game and developed facilitation skills that will assist children and young people to gain the most from Getting Stronger.

**Facilitator:** Gae Neill (LLB, ATCL)

Gae Neill is a passionate supporter of young people’s personal development and resilience through tough times. She has been a long-time member of Skylight’s Training Faculty, presenting workshops on change, loss, grief and resilience. She is an advisory board member for the Travellers programme, which supports young people to navigate difficult life challenges.

A former specialist family lawyer, she also works extensively with Youthline Wellington, having set up their Community Ongoing Education Programme. She has run workshops for youth in mainstream and alternative education and provided support for school counsellors working with young people at the coal face.



This workshop is aimed at professionals working with, or supporting, children, young people and their families/whānau; including guidance counsellors, school chaplains, child or youth workers, teachers and anyone in the social service sector.

**Registration is essential. Please send your name, school/organisation, and contact details to [pd@skylight.org](mailto:pd@skylight.org)**



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**A** PO Box 7309, Newtown, Wellington 6242  
**W** Visit Skylight: [skylight.org.nz](http://skylight.org.nz)

## Getting Stronger Workshop Registration Form

Attendee(s) Information			
Full Name:			
Job Title:			
Email:			
Phone No:		Mobile:	
Invoice to: <i>(Registration confirmed once payment received)</i>			
Organisation:			
Email:			
Address/PO Box:			
City:		Postcode:	
Phone No:		Mobile:	

### Workshops – Registration essential

Please tick “✓”

24 Jan 2019	Getting Stronger Workshop <b>(1 person – includes 1 game + 1 set of topic cards)</b>	The Redwood Hotel Christchurch	1:30pm – 4:30pm	\$130.00	
24 Jan 2019	Getting Stronger Workshop <b>(2 people – includes 1 game + 2 sets of topic cards)</b>	The Redwood Hotel Christchurch	1:30pm – 4:30pm	\$225.00	

### Payment options: Tick box

Online banking: 06-0501-0788246-26 reference PD, date of workshop and your surname  
*e.g. PD 14 April Baxter*

Invoice

Purchase Order Number: .....

Tick the box if you would like to receive updates regarding Skylight’s other professional development workshops

Email to [pd@skylight.org.nz](mailto:pd@skylight.org.nz) or post to: Skylight, PO Box 7309, Newtown, Wellington 6242

**Note: Refunds will not be issued. If cancellation is received within 7 days of the workshop, a credit will be issued LESS catering fees and a 25% administration fee.**

*The* **right help**      *at the* **right time**      *in the* **right way**