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 W Visit Skylight: <u>skylight.org.nz</u>

Understanding Trauma in Children

Date: Wednesday, 27 February 2019
Time: 9:00am – 4:30pm (duration – 7.5 hours)
Venue: All Saints Conference Centre (90 Hamilton Rd, Hataitai, Wellington)
Cost: \$200.00 *

*Reduced rates for partner and community organisations, get in touch for details

Supporting children who have experienced complex trauma comes with its own set of challenges. The wide-ranging harmful effects can disrupt many aspects of the child's development and can last well into adulthood. In this workshop, participants will have opportunities to explore case studies and engage in a 1-hour hands-on exercise to understand the Relational Learning Framework (RLF) for working with traumatised children. At the end of this workshop, participants will have a greater understanding of:

- Complex trauma and its effects on children's development (incl. attachment)
- Adverse childhood experiences (incl. maltreatment) and complex trauma
- Internal working models and the Relational Learning Framework (RLF)
- Intervention strategies and therapeutic techniques
- Practical strategies and techniques for effectively supporting children who have experienced trauma

Facilitator: Dr. Wendy Kelly (DipClinPsych, PhD)

Wendy has over 30 years of experience as a Clinical Psychologist working in the child protection and mental health fields and providing supervision, consultation and training to practitioners on child maltreatment and trauma. She has worked in a variety of settings including a sexual abuse counselling centre, Child, Youth and Family (now Oranga Tamariki, Ministry for Children) and a child and adolescent



mental health service. Wendy has recently published a book 'Understanding children in foster care' after finishing her PhD on the topic in 2015.

This workshop is aimed at professionals working with, or supporting, children; including counsellors, clinicians, youth workers, school staff, teachers, and anyone in the social service sector.

Registration is essential. To register, please fill in the registration form below and send to pd@skylight.org.nz

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Understanding Trauma in Children Workshop Registration Form

Attendee(s) Information						
Full Name:						
Job Title:						
Email:						
Phone No:	Mobile:					
Invoice to: (Registration confirmed once payment received)						
Organisation:						
Email:						
Address/PO Box:						
City:	Postcode:					
Phone No:	Mobile:					

Workshops - Registration essential

	Understanding Trauma in Children 7 Feb 2019 Full Day Workshop	All Saints Conference Centre Wellington	9:00am – 4:30pm	\$200.00	✓	
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Payment options: Tick box

Online banking: 06-0501-0788246-26 reference PD, date of workshop and your surname e.g. PD 14 April Baxter

□Invoice

Purchase Order Number:....

Tick the box if you would like to receive updates regarding Skylight's other professional development workshops

Email to pd@skylight.org.nz or post to: Skylight, PO Box 7309, Newtown, Wellington 6242

Note: Refunds will not be issued. If cancellation is received within 7 days of the workshop, a credit will be issued LESS catering fees and a 25% administration fee.

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