

Skylight Webinar: Supporting Children Through Grief

Date: Wednesday, 8 May 2019

Time: 11:00am – 12:00pm (1 hour)

Cost: \$20.00

Grief resulting from change and loss can be a powerful disruptor in children's lives. Children grieve differently than adults, so is it important to understand how to best support them through these difficult times.

This webinar will cover:

- How grief presents in children
- What their support needs are
- Practical approaches to talk about loss and change, including ideas, tools and resources to effectively support grieving children

Facilitator: Kiersten Kneisel

(M.A. Psychology, M.A. Counselling & Psychotherapy, PhD candidate)

Kiersten Kneisel has studied counselling and psychotherapy in the U.S., Australia, and New Zealand. She has training in marriage and family therapy, individual counselling, mathematics, and physics and has spent the past several years engaged in lecturing and research. For her doctoral thesis, she has developed a therapeutic program utilising the neuroscientific properties of humour and laughter in order to help clients change limiting beliefs. Kiersten endeavours to integrate her broad knowledge base to break new ground and ultimately increase counselling efficacy.



This is an introductory webinar designed for parents, caregivers, teachers, and others who support children on daily basis. Professionals are welcome to attend as well.

Registration is essential. Please visit:

www.skylight.org.nz/workshop-and-training/webinars