

# Yellow Brick Road

Te Wahapūahoaho

Have you been  
bereaved by suicide?  
Our hearts and  
understanding go  
out to you.

We provide a free grief education and support programme and invite you to join.

Waves is an 8-week course delivered by trained facilitators to support the wellbeing and resilience of adults bereaved by suicide.

Held in Otahuhu

Day Tuesday Time 6pm – 8pm

Start date 10 October 2023

To register, email [referrals@yellowbrickroad.org.nz](mailto:referrals@yellowbrickroad.org.nz)

or call 0800 732 825



This is a programme developed by Skylight and delivered by Yellow Brick Road.